



MARYLAND
FOOD BANK
UNTIL HUNGER ENDS.



*Free Food
Free Resources*

Delivering Hope to
Our Neighbors

ONE-STOP-SHOP

The Maryland Food Bank's **MOBILE MARKET** is visiting!
We're inviting ALL to receive healthy foods and resources.
Join us for a FULL SHOPPING EXPERIENCE! (While Food Supplies Last)

Friday, October 16th, 2026

12:00pm-2:00pm

Ridge Volunteer Fire Department
13820 Point Lookout Rd, MD 20680

****3rd Fridays of the Month****

Weather and Holiday Permitting